

FIGURE 1A  
Prior Art

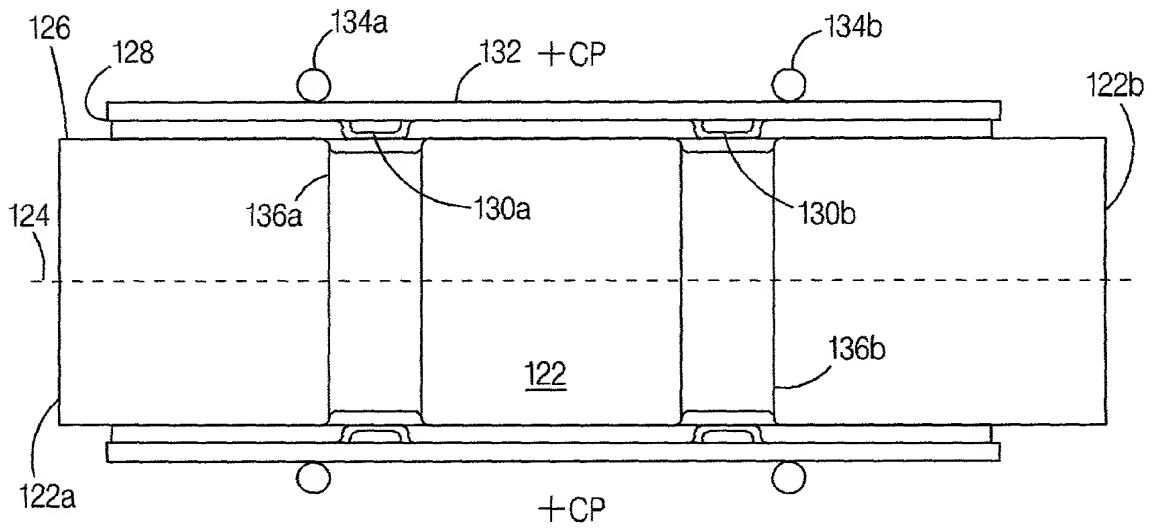
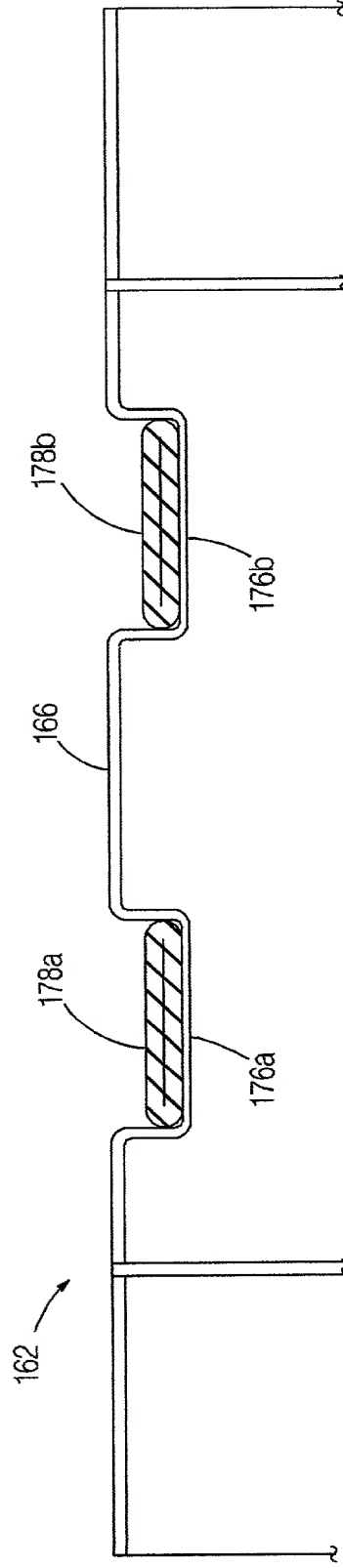
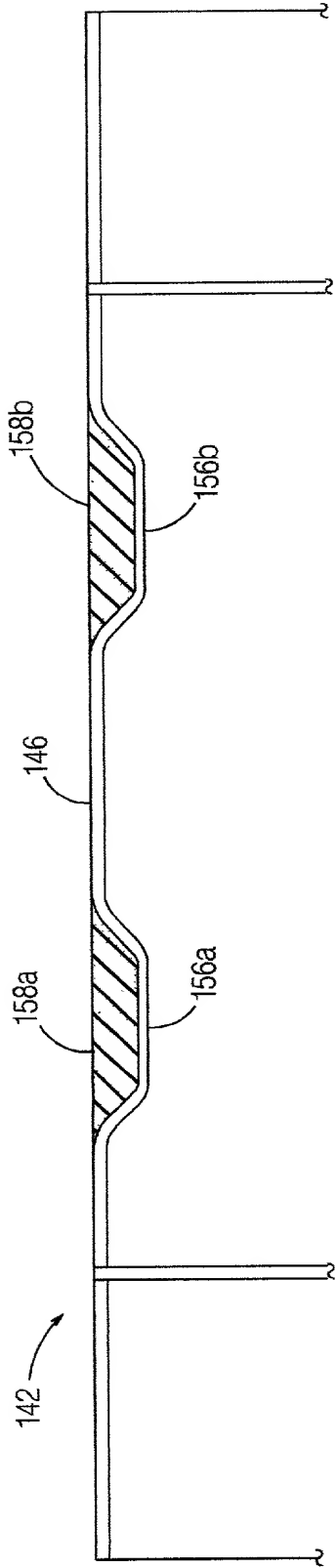
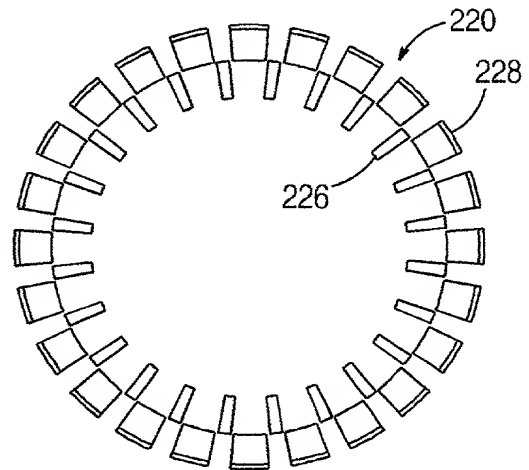
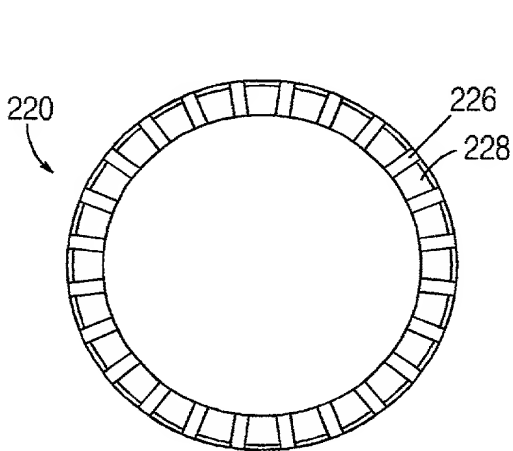
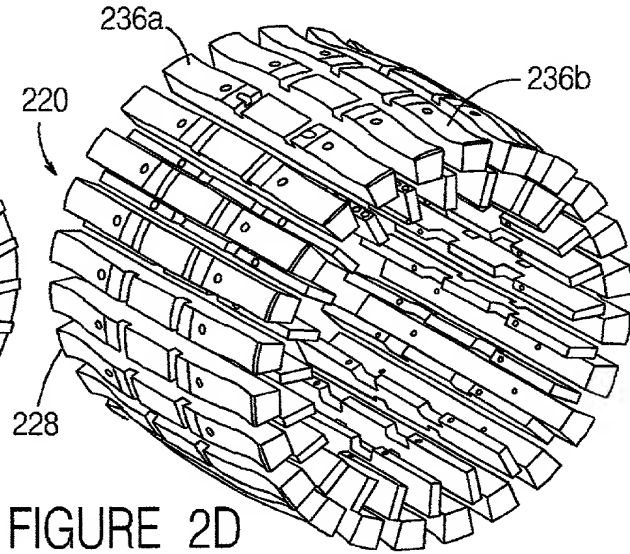
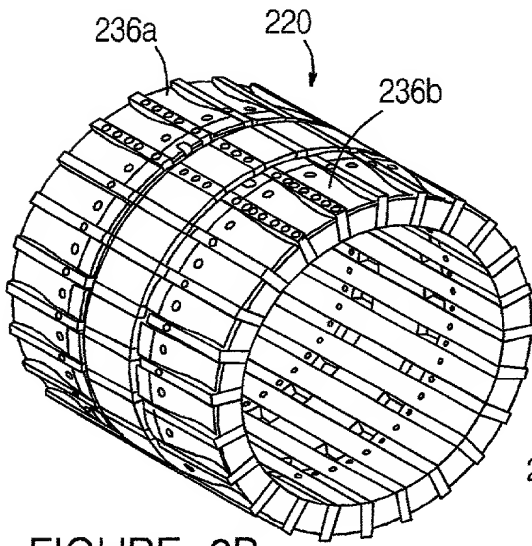
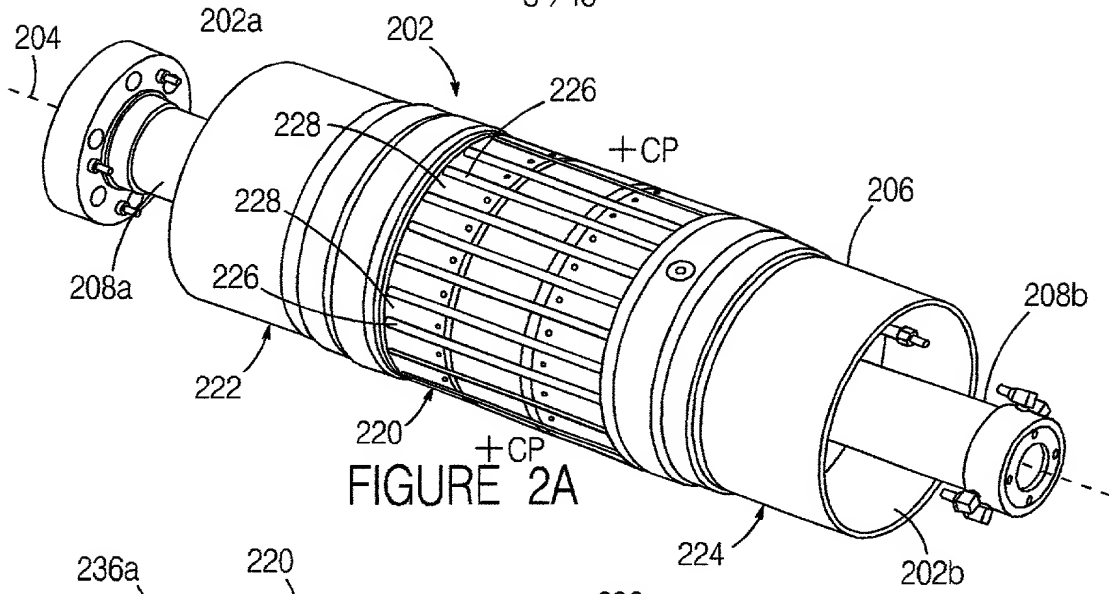


FIGURE 1B  
Prior Art

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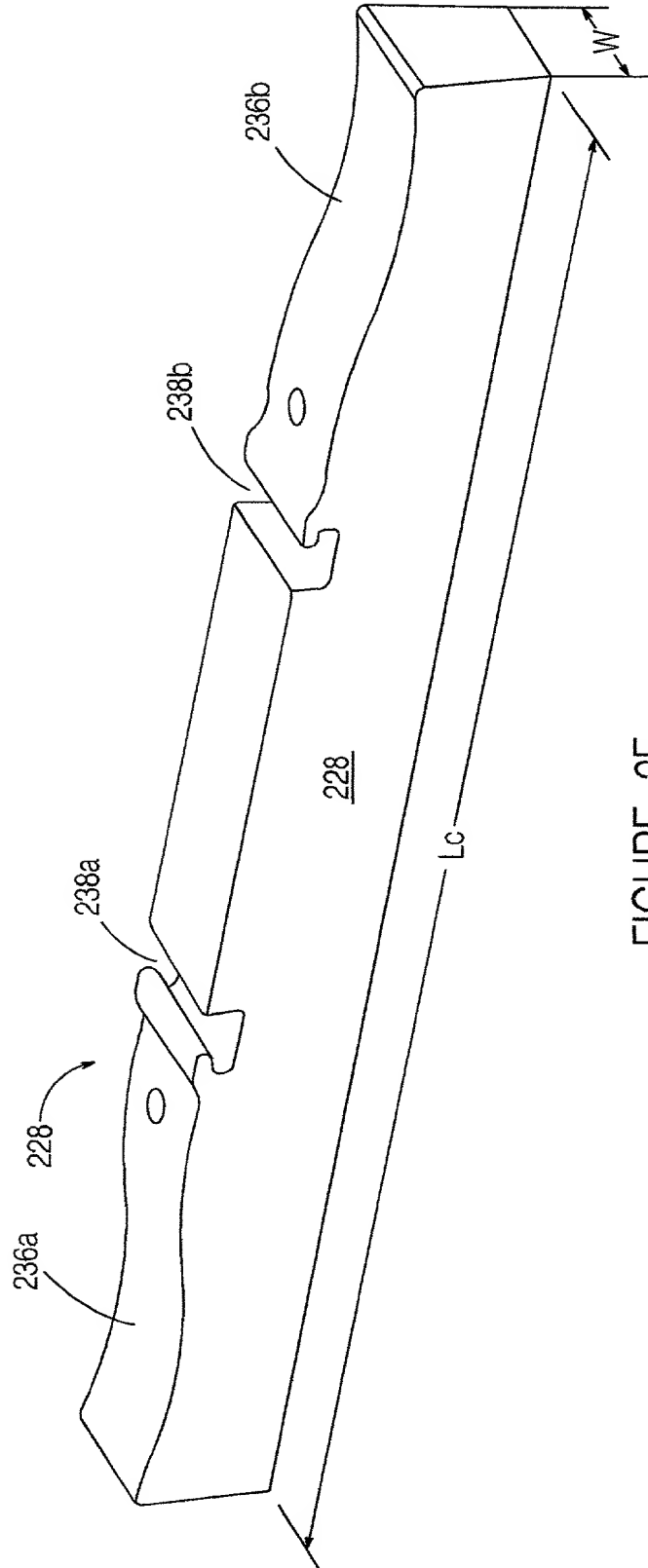


FIGURE 2F

FIG. 260" 1209650

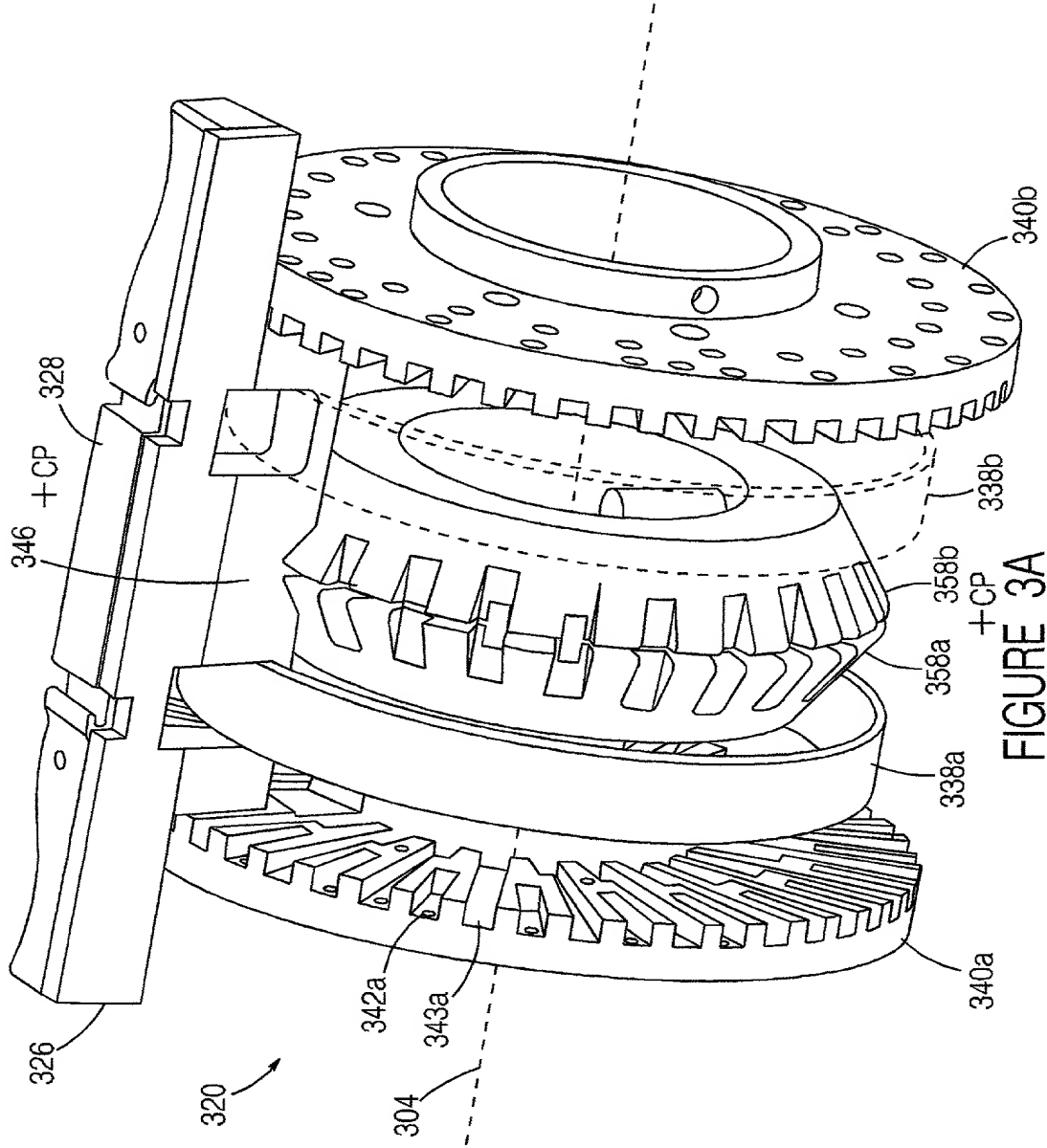


FIGURE 3A

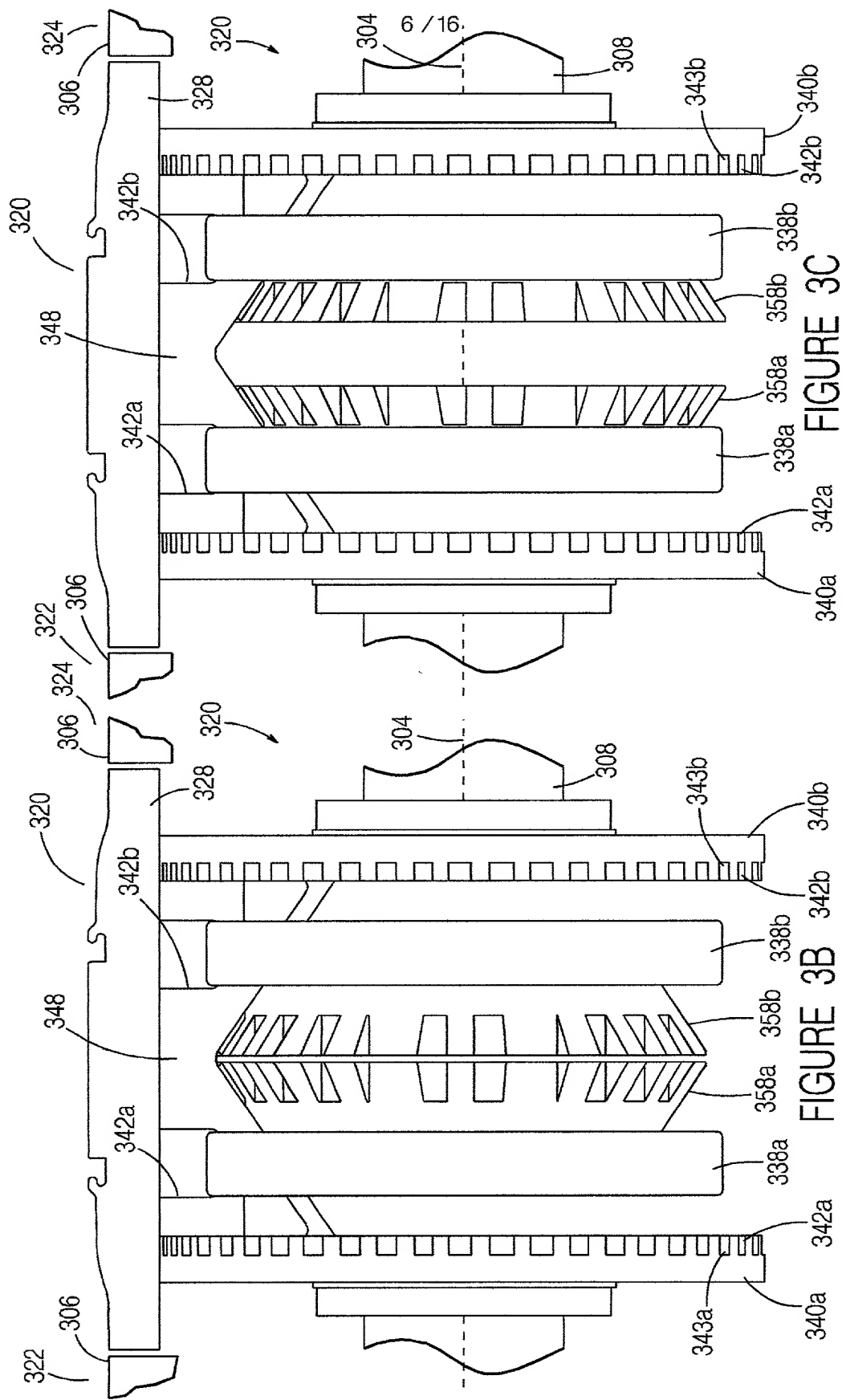


FIGURE 3C

FIGURE 3B

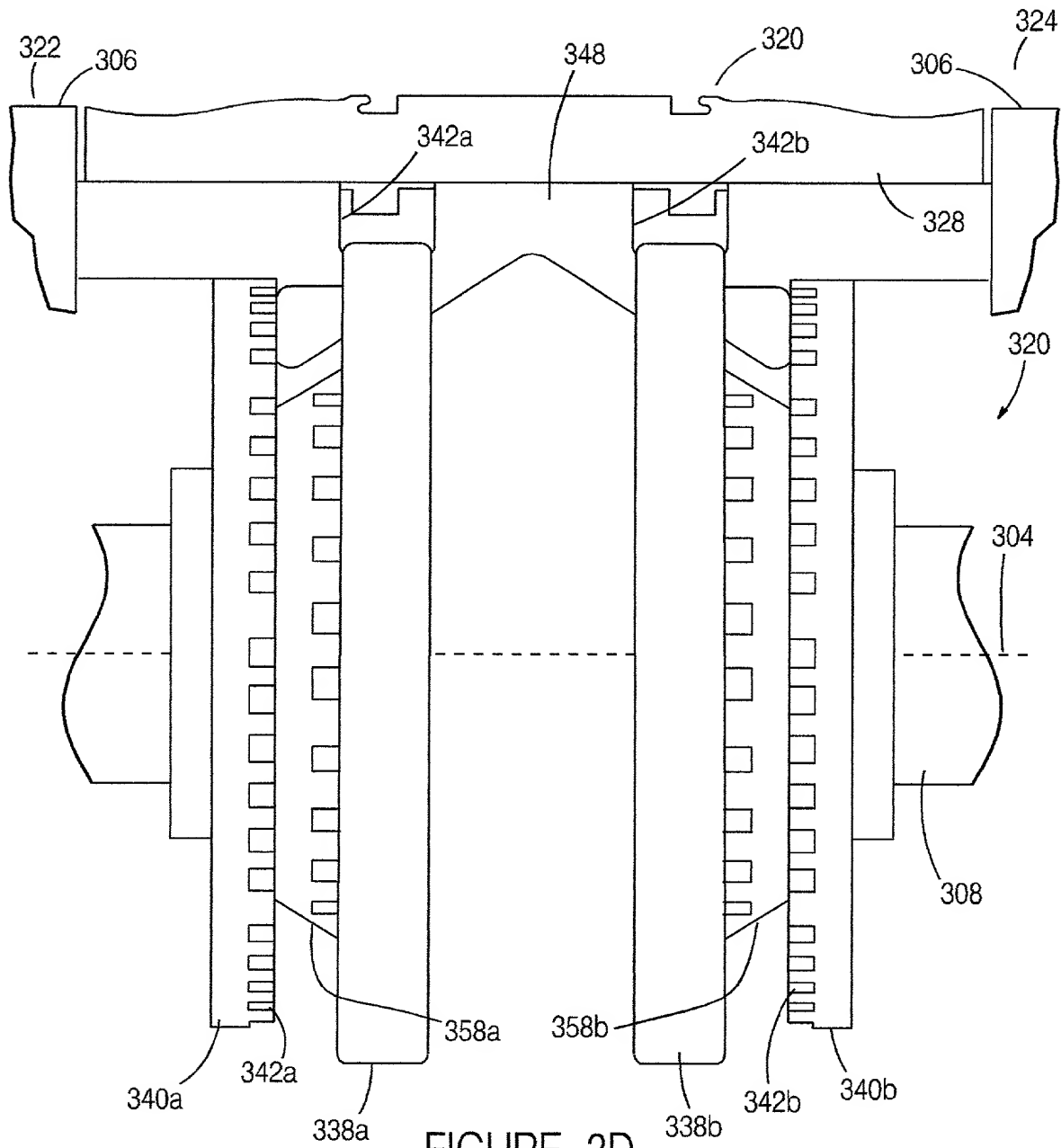


FIGURE 3D

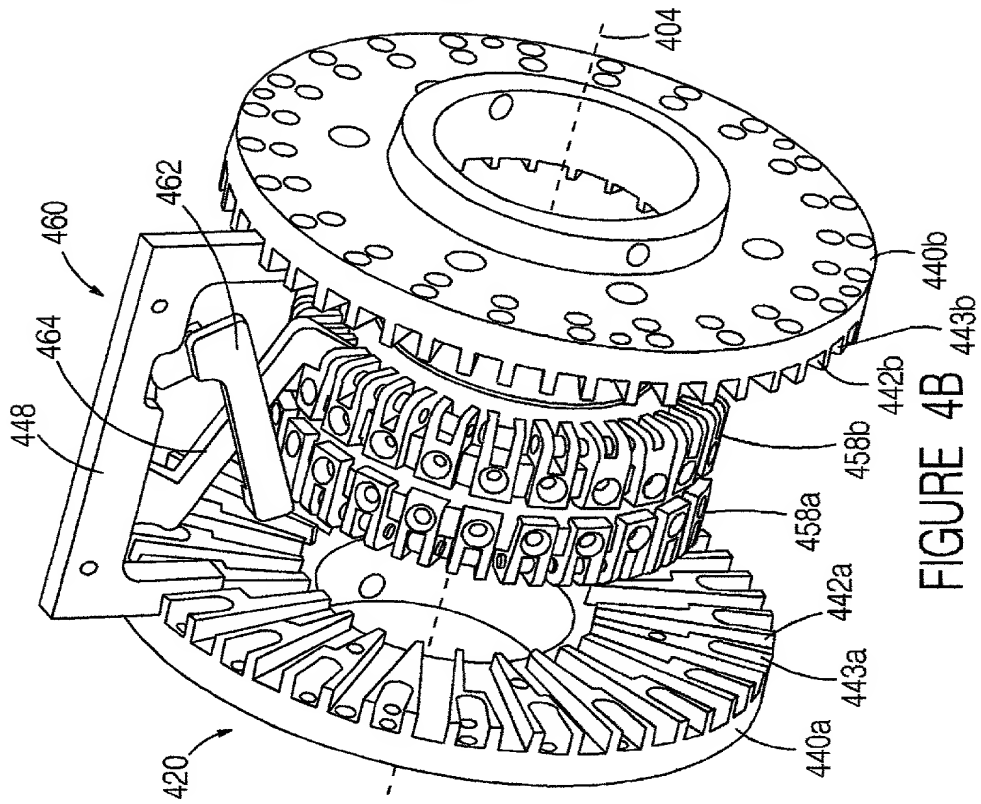


FIGURE 4B

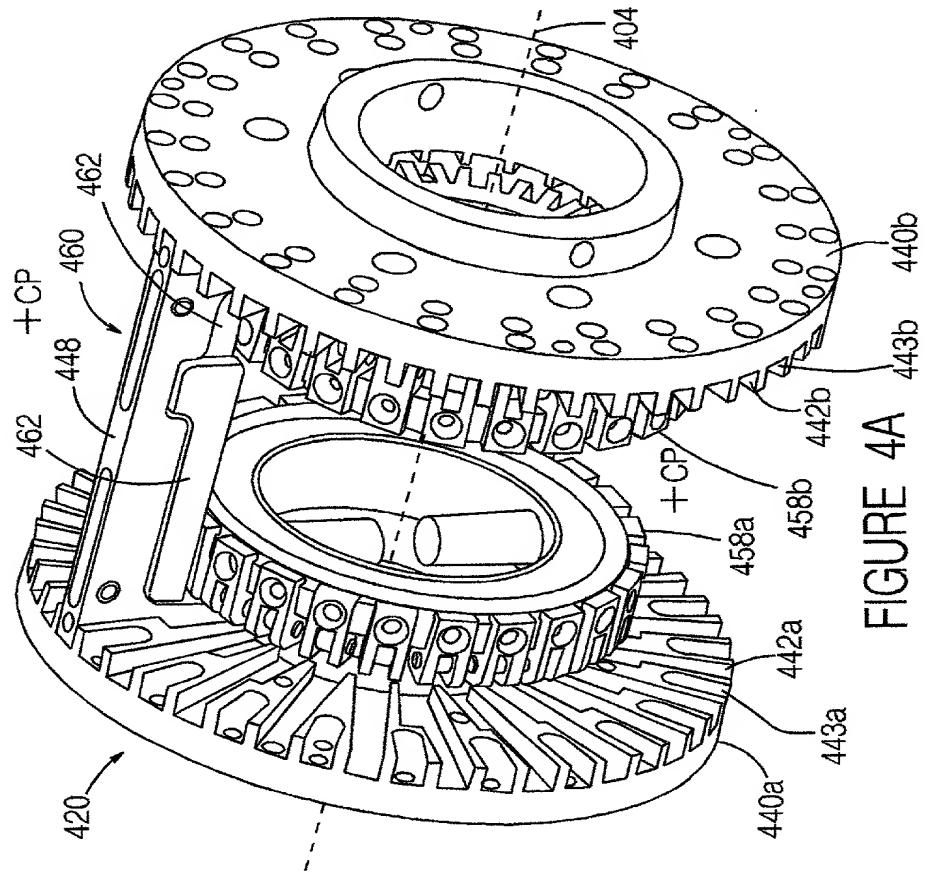


FIGURE 4A



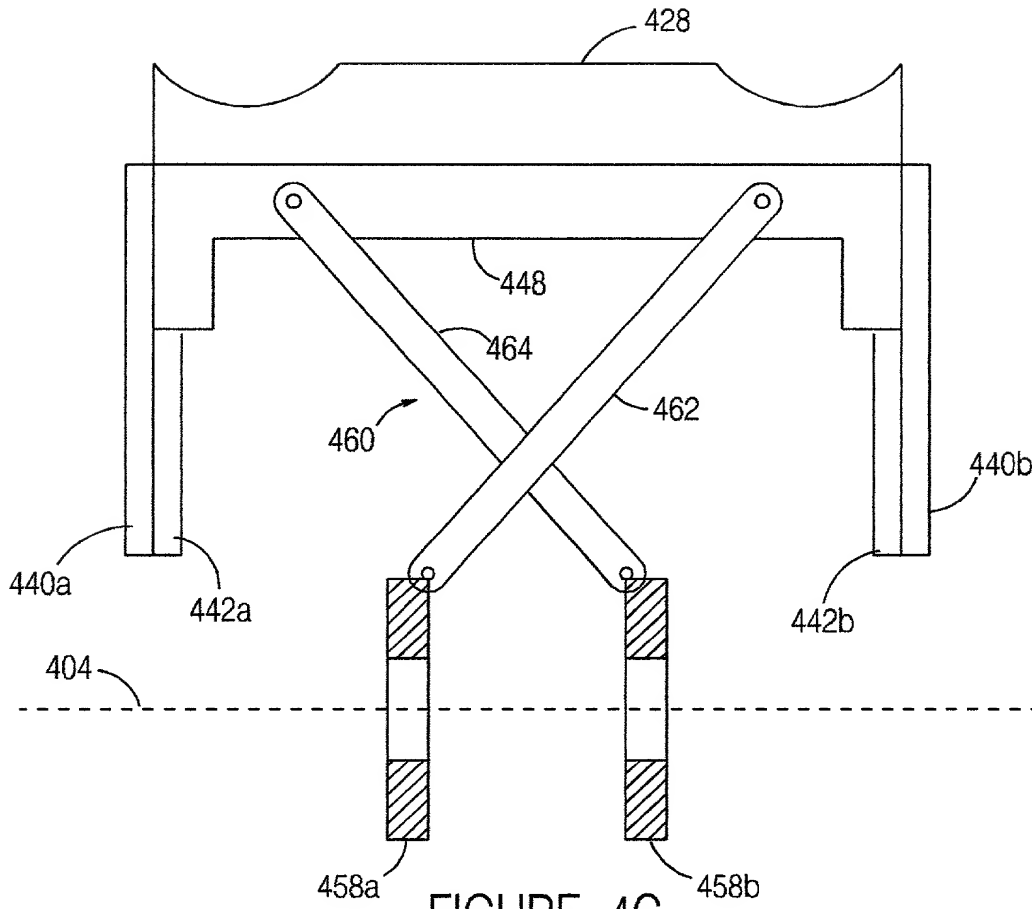


FIGURE 4C

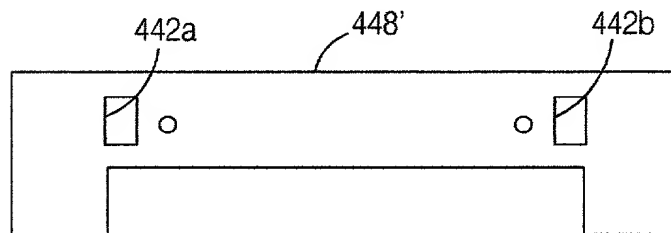


FIGURE 4D

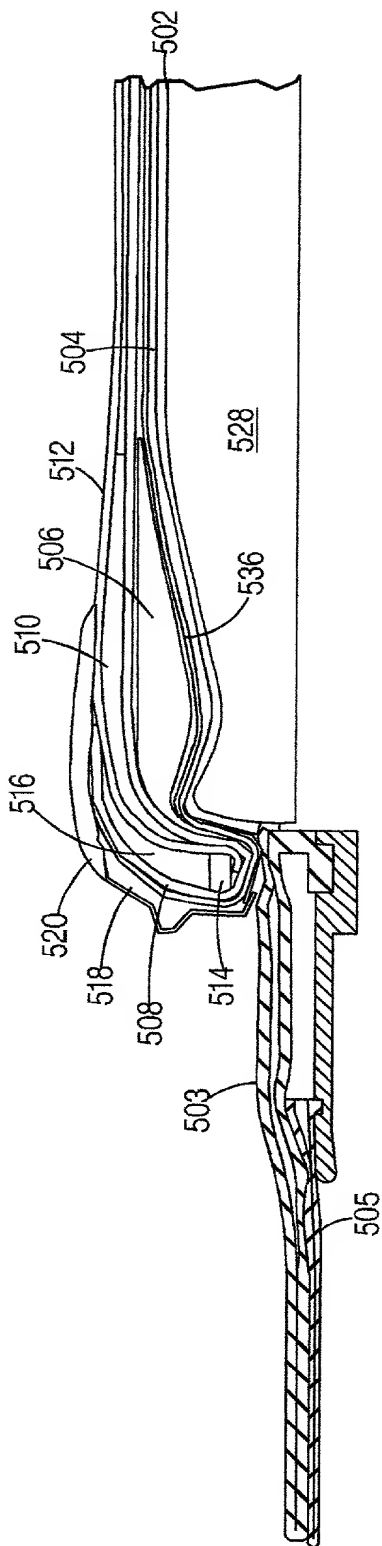
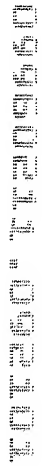
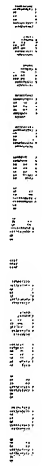


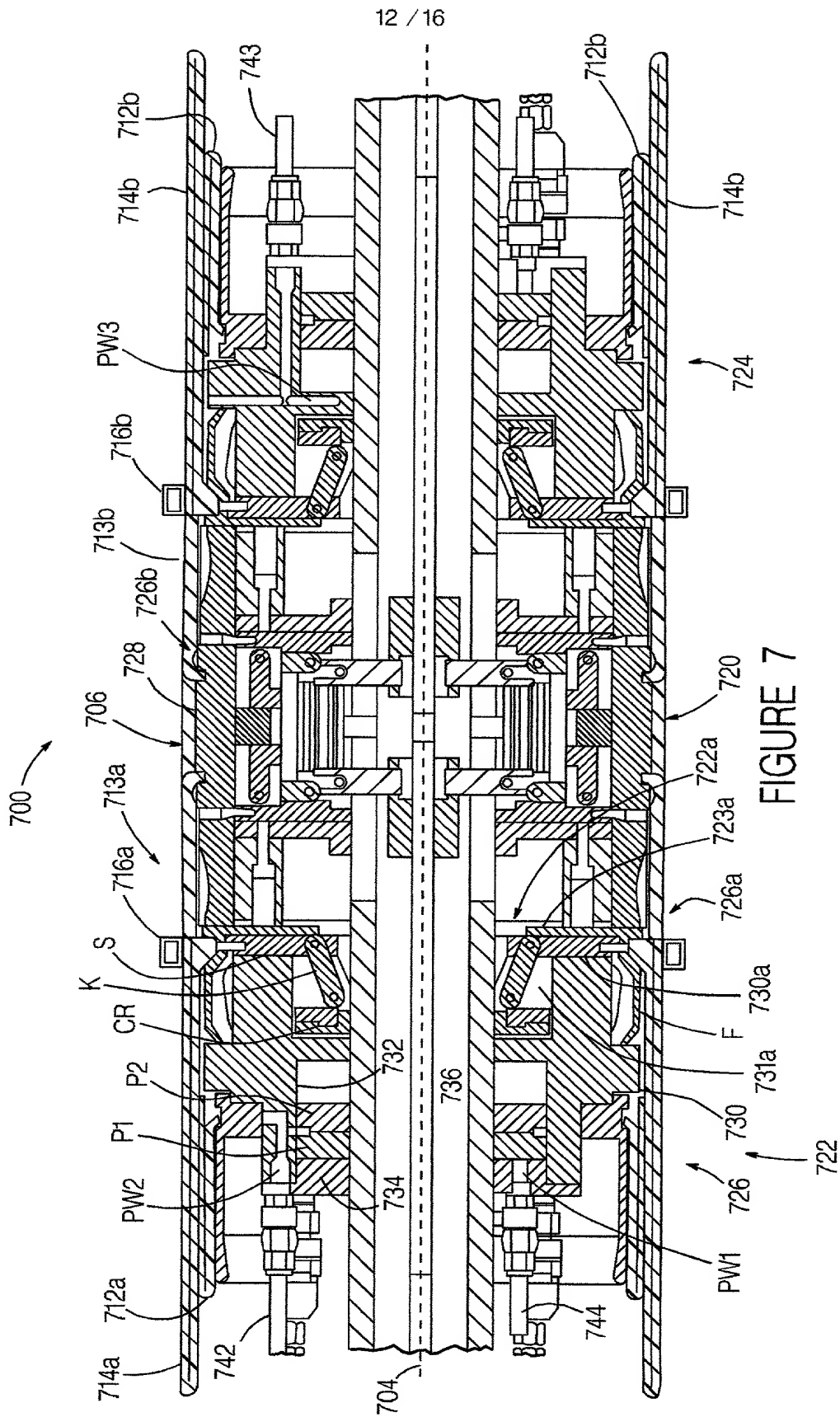
FIGURE 5

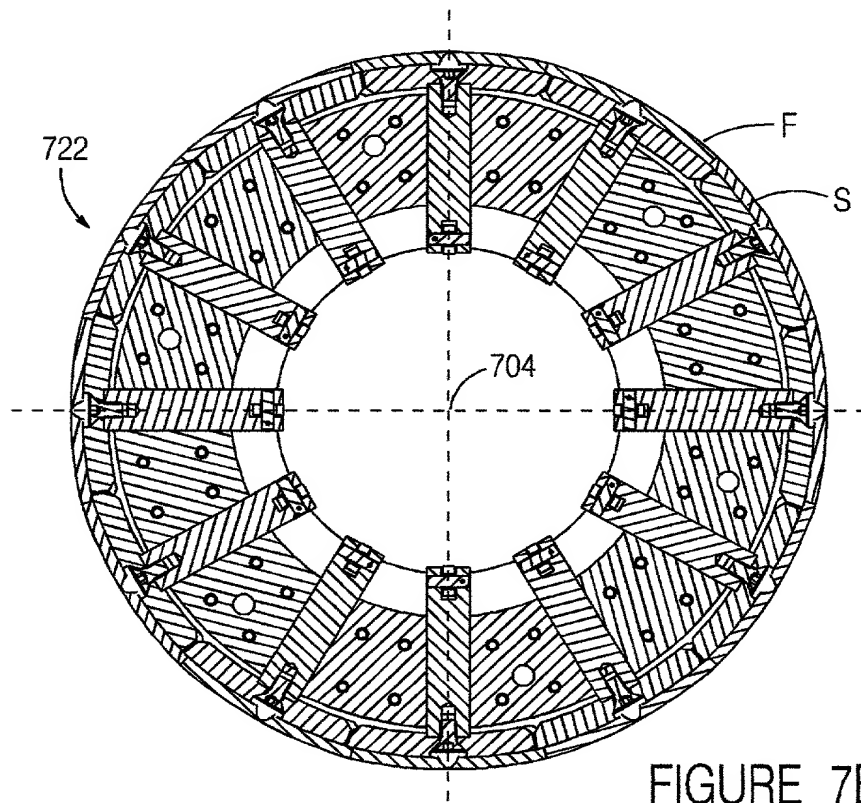
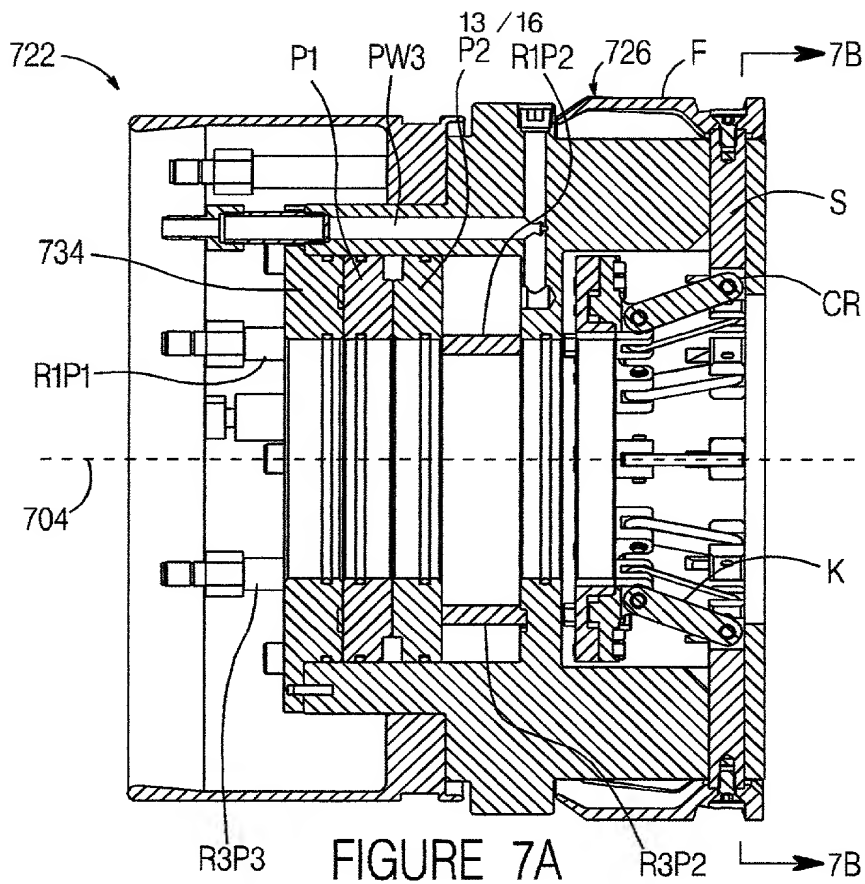


Variable	Mean	SD	Min	Max
Age	34.5	10.2	20	55
Gender	1.2	0.4	1	2
Marital Status	1.5	0.5	1	3
Education	12.5	1.5	9	16
Income	1500	500	500	3000
Occupation	1.8	0.8	1	3
Health Status	1.5	0.5	1	3
Stress Level	2.5	1.0	1	4
Life Satisfaction	3.5	1.0	1	5
Resilience	4.0	1.0	1	5
Optimism	4.5	1.0	1	5
Emotional Stability	3.0	1.0	1	5
Self-Esteem	4.0	1.0	1	5
Empathy	3.5	1.0	1	5
Prosocial Behavior	3.0	1.0	1	5
Aggression	2.0	1.0	1	5
Conformity	3.0	1.0	1	5
Autonomy	3.5	1.0	1	5
Openness	4.0	1.0	1	5
Conscientiousness	4.5	1.0	1	5
Neuroticism	2.5	1.0	1	5
Extraversion	3.5	1.0	1	5
Agreeableness	4.0	1.0	1	5
Conscientiousness	4.5	1.0	1	5
Neuroticism	2.5	1.0	1	5
Extraversion	3.5	1.0	1	5
Agreeableness	4.0	1.0	1	5
Conscientiousness	4.5	1.0	1	5
Neuroticism	2.5	1.0	1	5
Extraversion	3.5	1.0	1	5
Agreeableness	4.0	1.0	1	5
Conscientiousness	4.5	1.0	1	5
Neuroticism	2.5	1.0	1	5
Extraversion	3.5	1.0	1	5
Agreeableness	4.0	1.0	1	5
Conscientiousness	4.5	1.0	1	5
Neuroticism	2.5	1.0	1	5
Extraversion	3.5	1.0	1	5
Agreeableness	4.0	1.0	1	5
Conscientiousness	4.5	1.0	1	5
Neuroticism	2.5	1.0	1	5
Extraversion	3.5	1.0	1	5
Agreeableness	4.0	1.0	1	5
Conscientiousness	4.5	1.0	1	5
Neuroticism	2.5	1.0	1	5
Extraversion	3.5	1.0	1	5
Agreeableness	4.0	1.0	1	5
Conscientiousness	4.5	1.0	1	5
Neuroticism	2.5	1.0	1	5
Extraversion	3.5	1.0	1	5
Agreeableness	4.0	1.0	1	5
Conscientiousness	4.5	1.0	1	5
Neuroticism	2.5	1.0	1	5
Extraversion	3.5	1.0	1	5
Agreeableness	4.0	1.0	1	5
Conscientiousness	4.5	1.0	1	5
Neuroticism	2.5	1.0	1	5
Extraversion	3.5	1.0	1	5
Agreeableness	4.0	1.0	1	5
Conscientiousness	4.5	1.0	1	5
Neuroticism	2.5	1.0	1	5
Extraversion	3.5	1.0	1	5
Agreeableness	4.0	1.0	1	5
Conscientiousness	4.5	1.0	1	5
Neuroticism	2.5	1.0	1	5
Extraversion	3.5	1.0	1	5
Agreeableness	4.0	1.0	1	5
Conscientiousness	4.5	1.0	1	5
Neuroticism	2.5	1.0	1	5
Extraversion	3.5	1.0	1	5
Agreeableness	4.0	1.0	1	5
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Agreeableness	4.0	1.0	1	5
Conscientiousness	4.5	1.0	1	5
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Extraversion	3.5	1.0	1	5
Agreeableness	4.0	1.0	1	5
Conscientiousness	4.5	1.0	1	5
Neuroticism	2.5	1.0	1	5
Extraversion	3.5	1.0	1	5
Agreeableness	4.0	1.0	1	5



Variable	Mean	SD	Min	Max
Age	34.5	10.2	18	65
Gender	0.45	0.50	0	1
Marital Status	0.60	0.49	0	1
Education	12.5	1.5	9	16
Income	3500	1500	1000	8000
Health Status	0.70	0.46	0	1
Employment	0.85	0.36	0	1
Stress Level	4.2	1.8	1	7
Sleep Quality	3.8	1.5	1	6
Energy Levels	4.5	1.6	1	7
Mood Stability	4.0	1.4	1	6
Concentration	4.3	1.5	1	6
Memory Retention	4.1	1.4	1	6
Emotional Balance	4.4	1.5	1	6
Physical Endurance	4.6	1.6	1	7
Mental Clarity	4.2	1.4	1	6
Overall Well-being	4.5	1.5	1	7





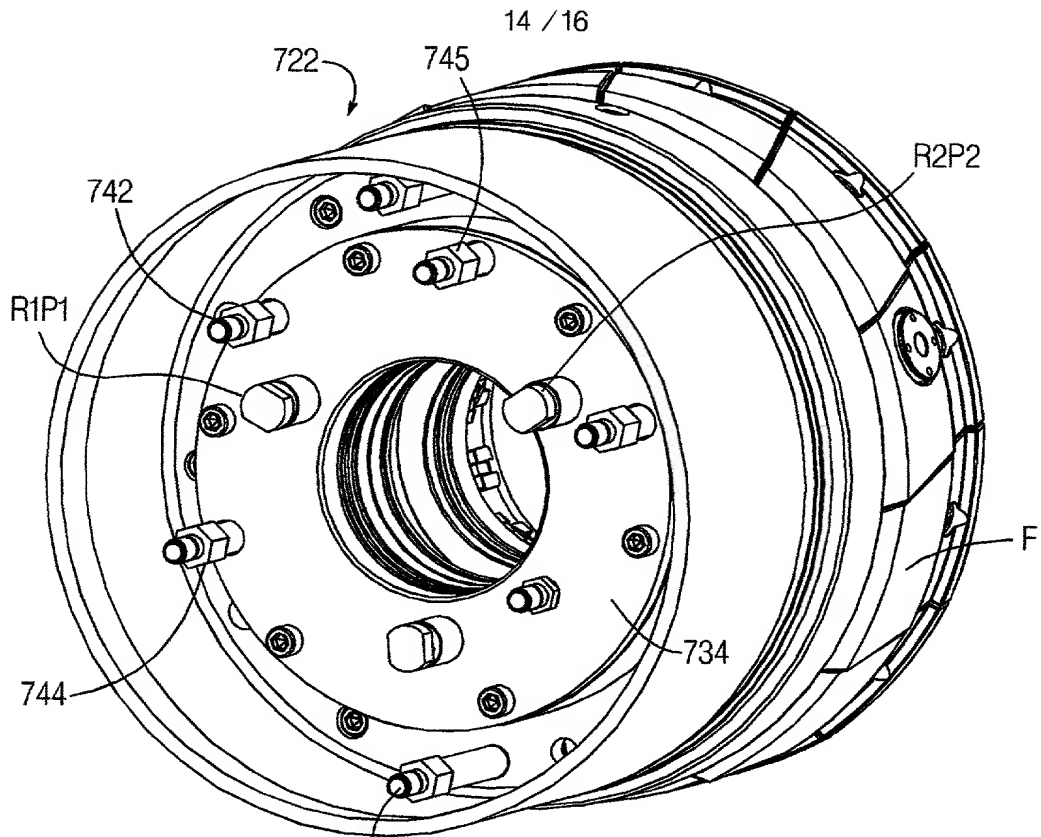


FIGURE 8A

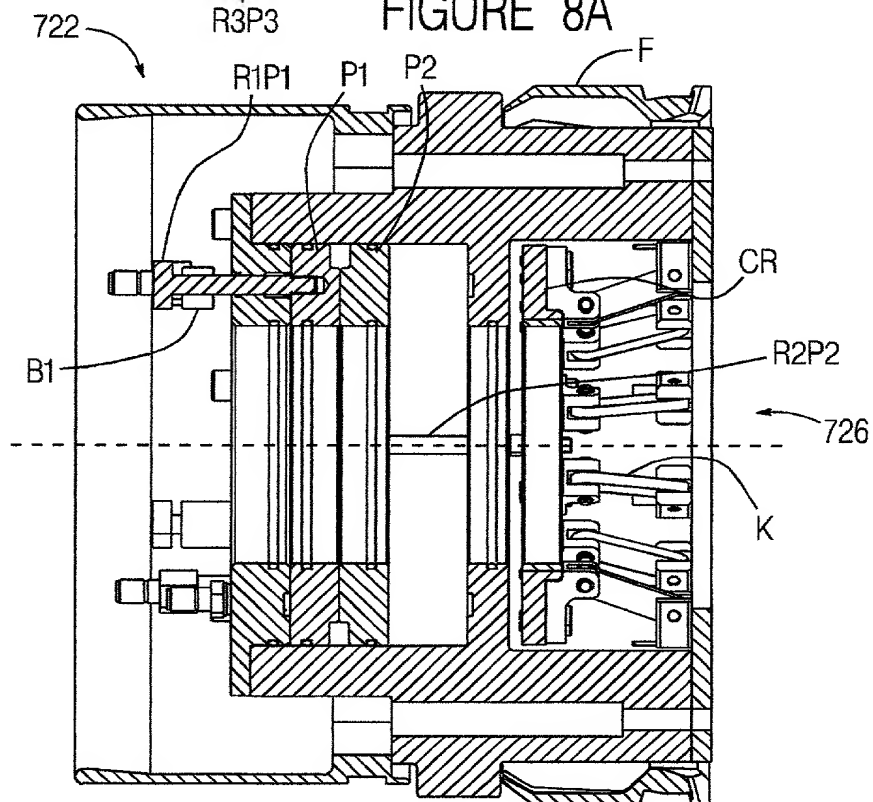


FIGURE 8B

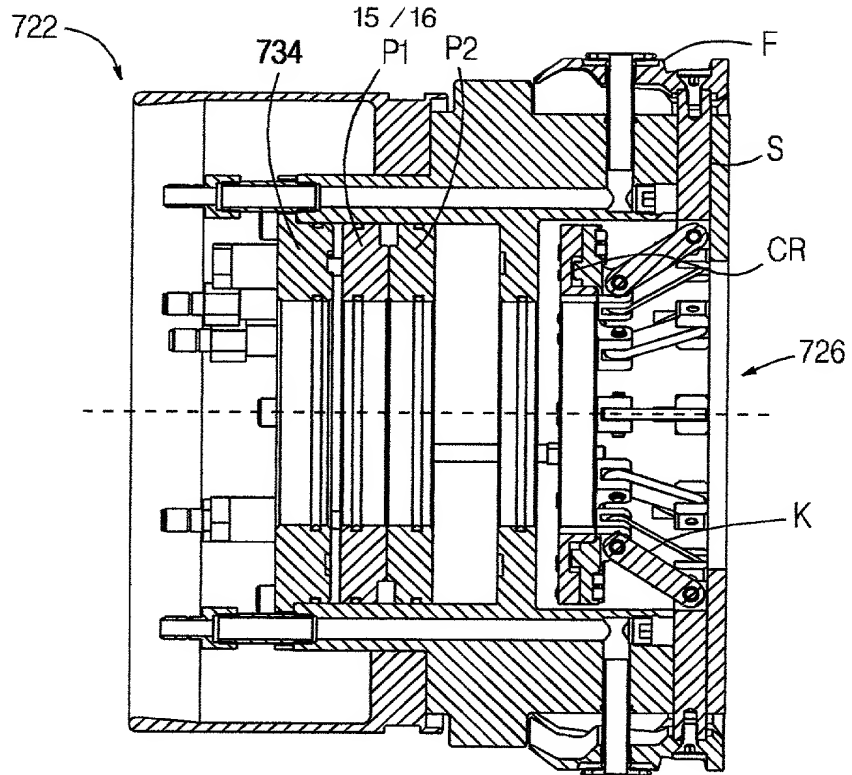


FIGURE 9A

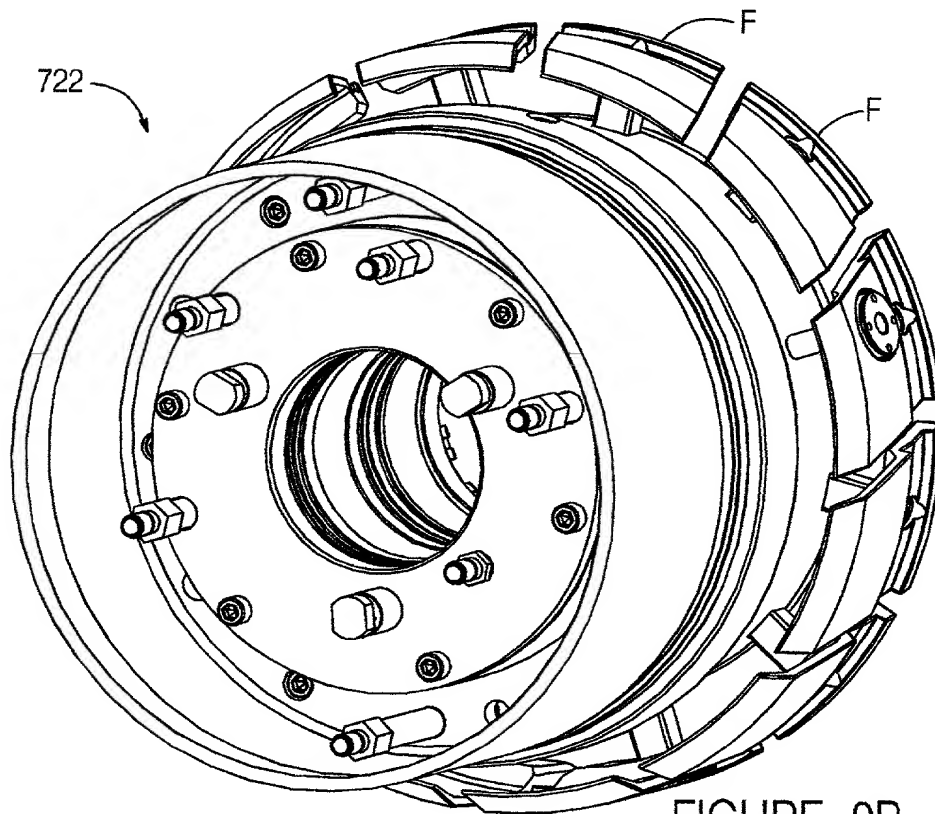


FIGURE 9B

